

SAN DIEGO UNIFIED SCHOOL DISTRICT

Back-to-School Guide

What to Expect When Returning to School 2020-2021



Superintendent Cindy Marten
August 31, 2020

All San Diego students will graduate with the skills, motivation, curiosity and resilience to succeed in their choice of college and career in order to lead and participate in the society of tomorrow.

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welcome

Welcome to our 2020-21 Back-to-School Guide. San Diego Unified students have earned their reputation for academic excellence in recent years. This guide represents our plan to continue that progress, while protecting the health and safety of every student, staff member and parent.

Our students' success is based on high standards. We raised our graduation requirements, and our students stepped up to meet them. African American college readiness alone increased by 50 percent over

the last decade. San Diego Unified is the fastest improving district in the country, according to the executive director of the Council of the Great City Schools director.

We have set the bar equally high when it comes to protecting the health and safety of our school community. We've collaborated with top scientists to develop our strict health standards. They work right here, in San Diego, and are proud to help their hometown schools stay safe. We are lucky to live in a city with world-class institu-

tions like the University of California at San Diego.

Thank you for taking the time to review our back-to-school plan. More than any of the details, I hope you will take away the understanding that your neighborhood schools are here to support you and your family at this challenging time. So, let's continue to be kind to one another, practice good hygiene, maintain social distancing, wear your mask and always, always let your school know if we can do more to support you and your family.

Thank you!



Cynthia "Cindy" Marten
Superintendent, San Diego Unified School District

A message from the Superintendent...

There is no power for change greater than a community discovering what it cares about.

—MARGARET WHEATLEY

Leadership



Cindy Marten



Superintendent

Staci Monreal



Chief of Staff

AREA SUPERINTENDENTS

Bruce Bivins

Area 1 Superintendent

Dr. Christina Casillas

Area 3 Superintendent

Mitzi Merino

Area 5 Superintendent

Dr. Lamont Jackson

Area 2 Superintendent

Monika Hazel

Area 4 Superintendent

Dr. Sofia Roditti

Chief of Leadership and Learning
High School Area Superintendent

Board of Education

Dr. John Lee Evans
Board President, District A



Richard Barrera
Board Vice President, District D



Kevin Beiser
District B



Dr. Sharon Whitehurst-Payne
District E



Dr. Michael McQuary
District C



Zachary Patterson
Student Board Member

Our Continued Commitment to Families

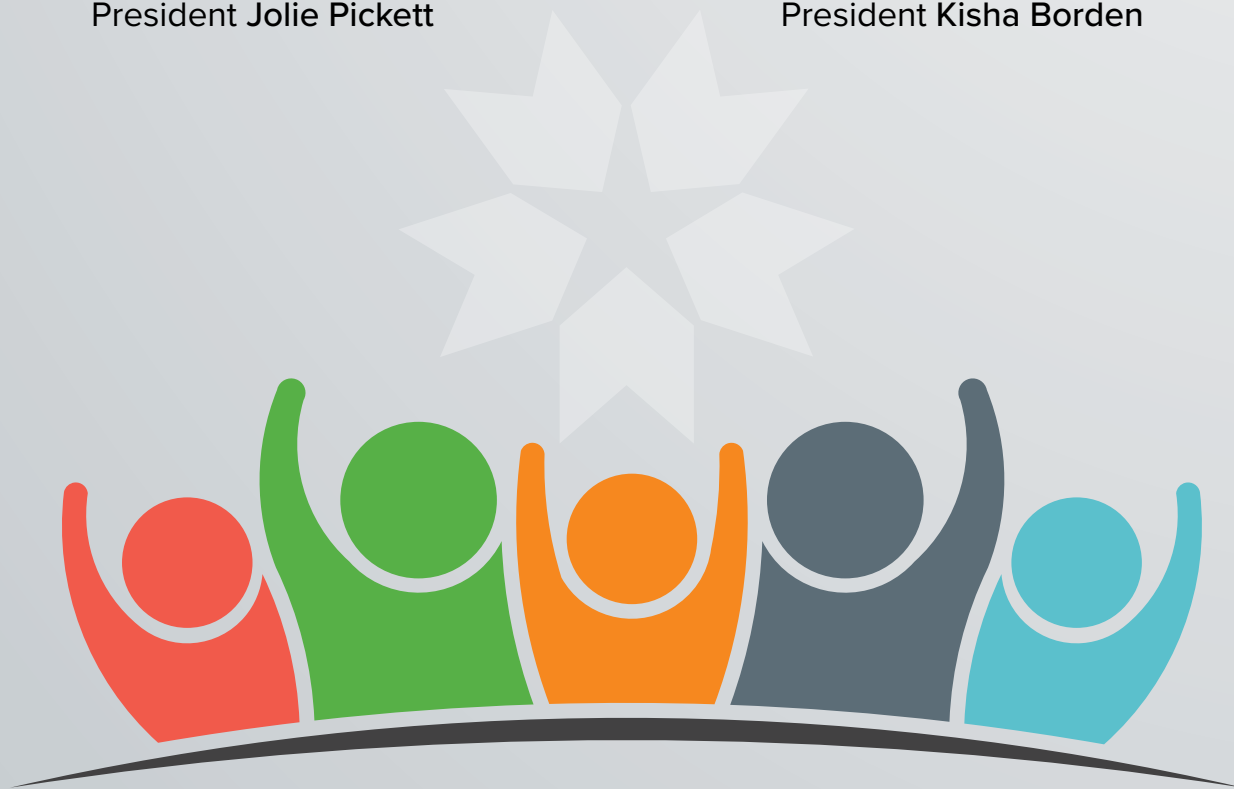
As we observe our social and educational changes, we embrace the opportunity to strengthen and deepen our relationships with families through our Parents as Partners home/school alliances. Our district is resolved to innovate and enhance the ways in which we collaborate and communicate with our families

to develop school communities with a sense of safety, belonging, and supportive environments. We believe that it is only through our partnership with families that we can have a true impact on student success. If the success of each child is at the heart of every decision, conversation, and in-

teraction, then we will improve outcomes for inclusivity, our capacity to address barriers, and the resolve to participate in meaningful conversations that value different lived experiences. Only then can we change institutional practices that do not serve all students, which will lead to quantitative improvements for all learners.

A message from AASD's President Jolie Pickett

A message from SDEA's President Kisha Borden



Our Core Beliefs

We believe

in an equity-based framework where all students have access to high quality teaching and learning experiences



We believe

in a customized approach geared toward the unique circumstances of students, families and schools



We believe

in wellness for all as we navigate unprecedented and uncertain times



We believe

in ensuring we honor the whole child and all children as we relentlessly strive toward the academic and social-emotional well-being of our learners



We believe

all students should have access to rigorous standards based instruction in our quest to ensure all students experience success



We believe

in the power of parents as partners as we continue to leverage our collaboration on behalf of our students and families



Parents as Partners

Parents as Partners was developed as a collaborative effort this year to support families with Online Learning. As we reopen our schools, we will work relentlessly to support our parents every step of the way through our Parents as Partners task force, parent coaching sessions and our Parents as Partners website as we collectively leverage our collaboration on behalf of the students we serve.

We firmly believe in the power of parents as partners and the indelible impact this relationship has on the success of our learners.

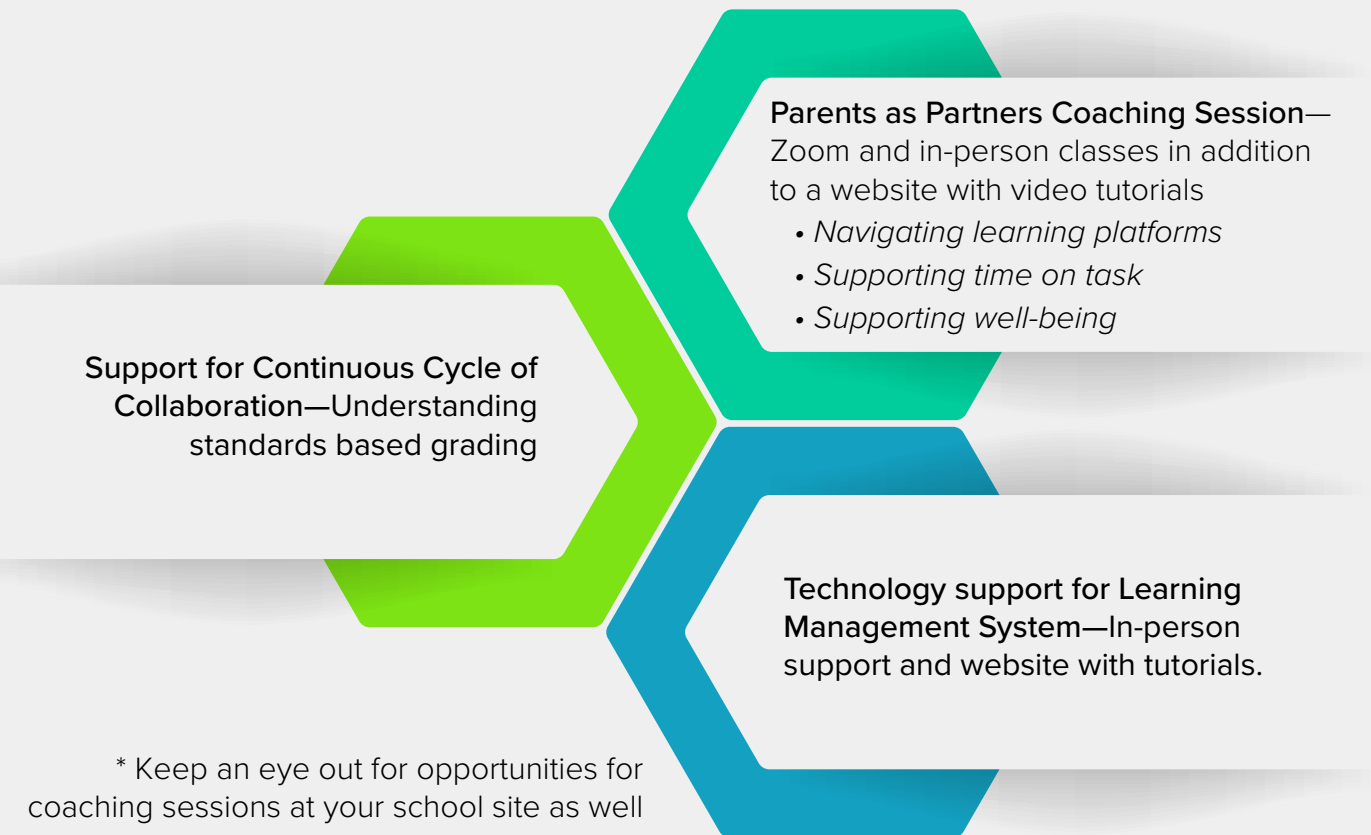
Parent Coaching Sessions

Our parent sessions bring us right into the homes of our families. We have the opportunity to connect with them, listen to their voices, and answer questions. We will continue to provide monthly coaching session as we partner with our San Diego Unified School District families to support our students.



Learning Opportunities for Parents

Maintaining Ongoing Communication With Our Families



PARENTS AS PARTNERS
Task Force



FACEBOOK LIVE
Sessions



PARENTS AS PARTNERS
Website

Welcome Week for Students and Families

First Week of School

The first week of school will include our student and family orientation to Online Learning. This week is an intentionally designed experience to invite and ignite learning for the new year.

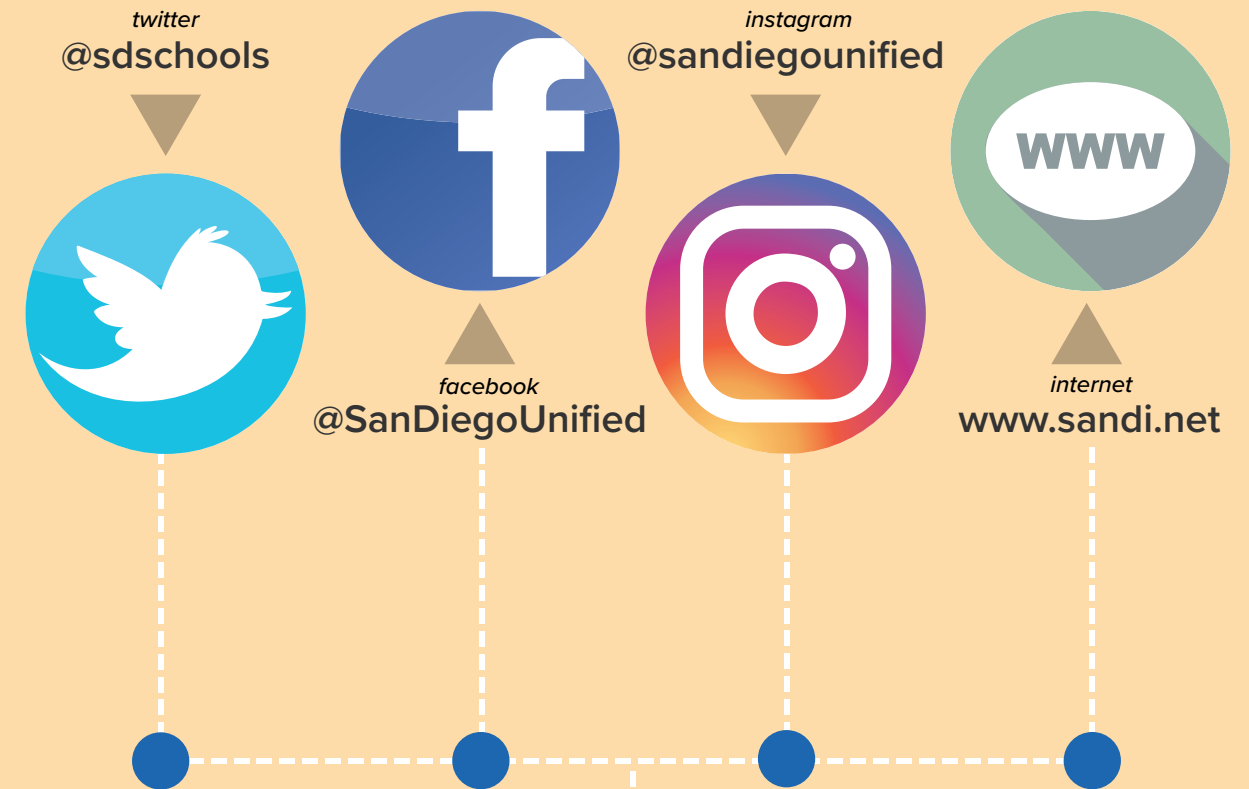
The student week will consist of daily teacher interactions, face-to-face, through synchronous learning. A learning menu of activities will be provided for students that will consist of general Health and Safety Guidelines for wellness that support social-emotional and academic learning for each day. These learning activities include

core content subjects, technology modules, as well as Visual and Performing Arts lessons. They are designed to be independently experienced by the user with opportunities to engage, explore, and reflect on topics. Families will also have training modules that promote language and literacy development for children.

These pre-recorded modules can be viewed at any time in order to accommodate family schedules. Our goal is to help families navigate and learn about communication tools, strategies, and supports as we launch the 2020-21 school year.



Ways For Families to Stay Connected



Maintaining Our Focus

We are committed to providing a **personalized learning experience for each and every learner** which ensures continuity of learning with a focus on quality standards based instruction and social-emotional well-being.

Robust & Engaging Instruction

Although our context has changed and we are in unprecedented times, our priority areas remain the same. We continue to be focused on:



EQUITY

Equity—educating all students with an emphasis on black students, English Learners, and students with disabilities.

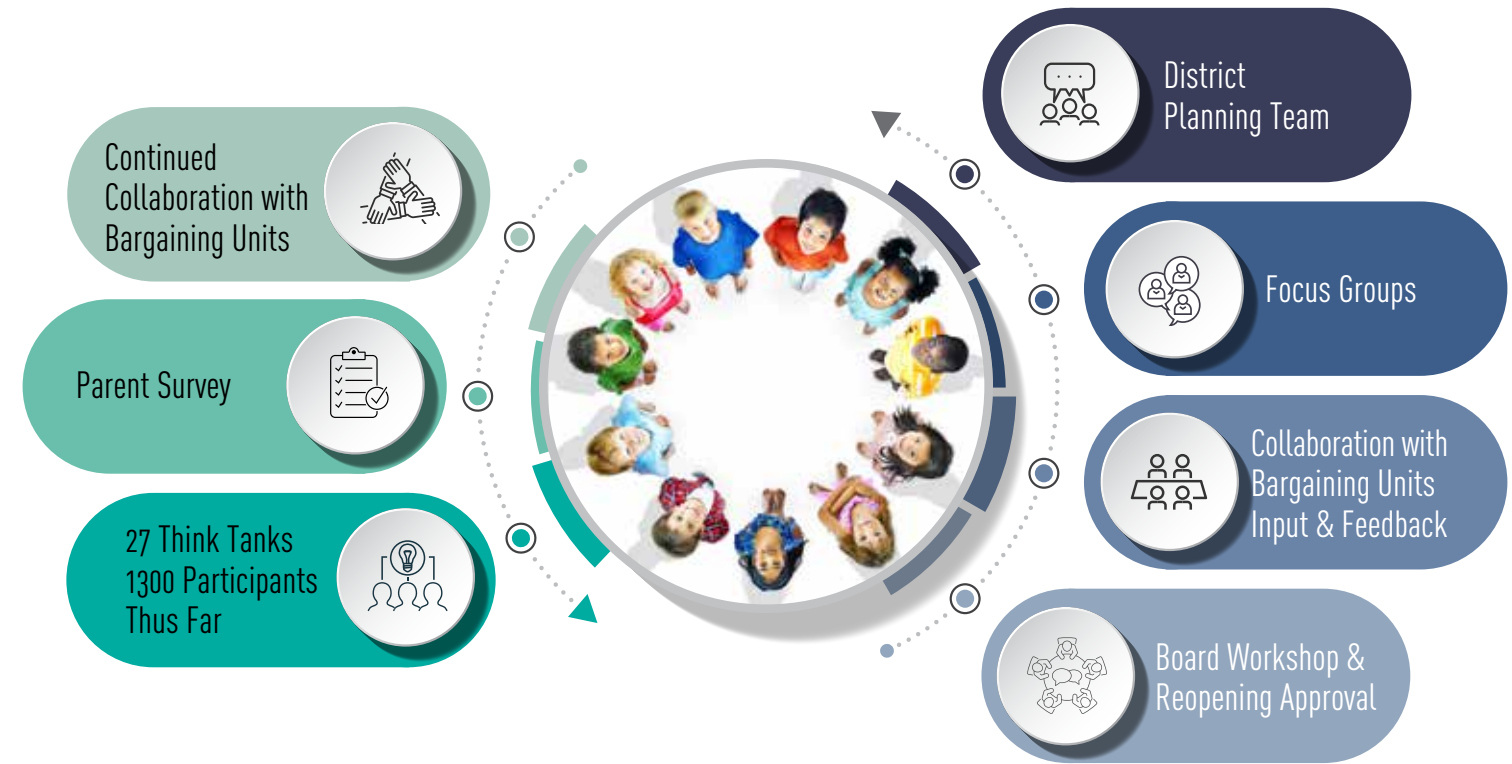
WHOLE CHILD

Educating the **Whole Child** with focus on Social-Emotional Learning, developing student leadership and empowerment.

QUALITY SCHOOLS IN EVERY NEIGHBORHOOD

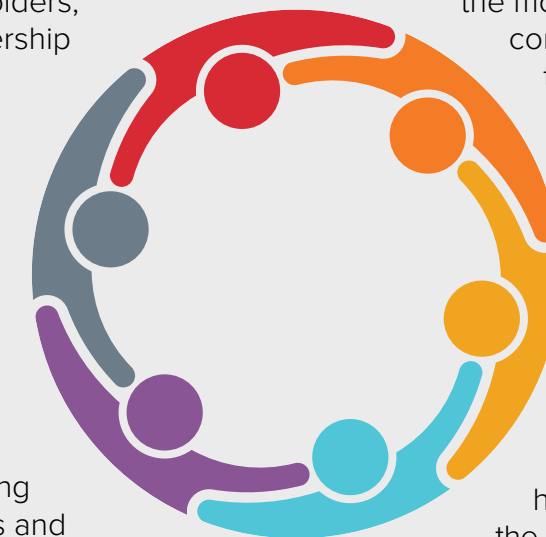
We have and will continue to be focused on **Quality Schools in Every Neighborhood** for our families and students we are proud to serve.

Our Comprehensive Planning & Engagement Process



Feedback Trends

In our effort to honor the voices and perspectives of various stakeholders, our San Diego Unified leadership team led a comprehensive planning and engagement process in the development of our reopening of school plan. We wanted student and family voices to influence and shape the development of our district plan. Focus groups suggested the district provide clear guidelines and assurances of the measures we are taking to ensure safety for students and



staff. We also heard, perhaps from students the most, the need for connection; connections with peers, connection with teachers through synchronous and asynchronous learning, and overall connection as a virtual community. We will need to be mindful of wellness. We will prioritize student wellness and will be responsive to students' overall wellbeing by providing physical, social and emotional supports including mental health supports as students begin the new school year.

Learning Options

To ensure the continuity of learning San Diego Unified is prepared to offer two Learning Options: **1) Online Learning** and **2) On-site learning** (when it is safe to do so based on health and safety guidelines). Additionally, we have planned for a tiered launch of on-site learning which brings back selected groups of students before a full on-site learning implementation.

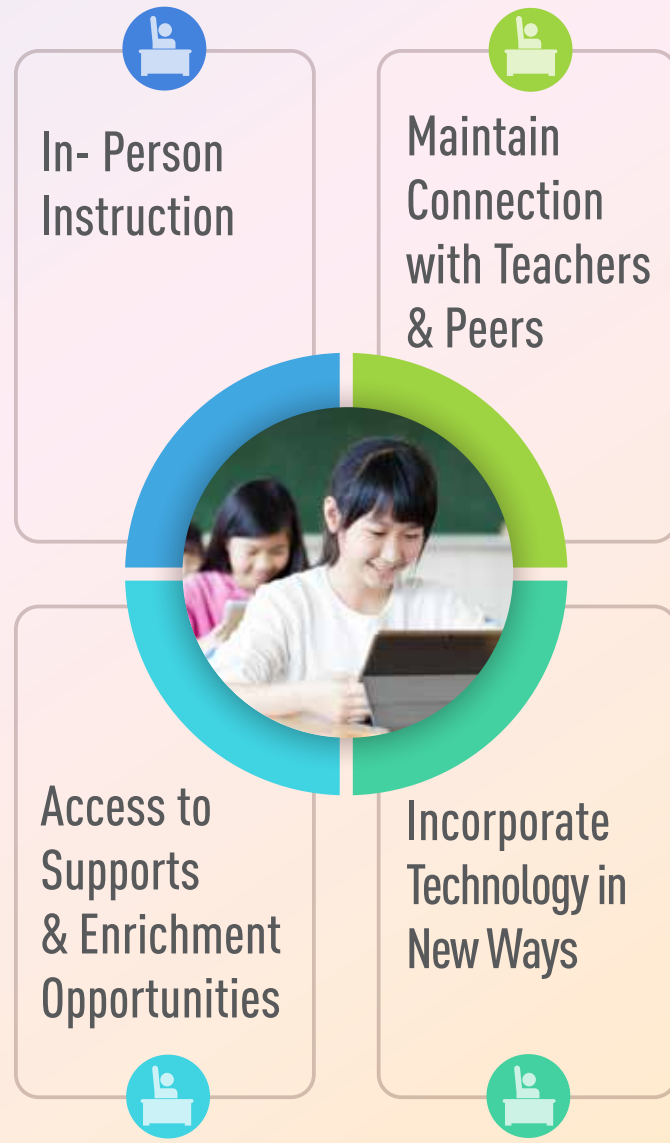
Online Learning

Reopening with Online Services ONLY



On-Site Learning

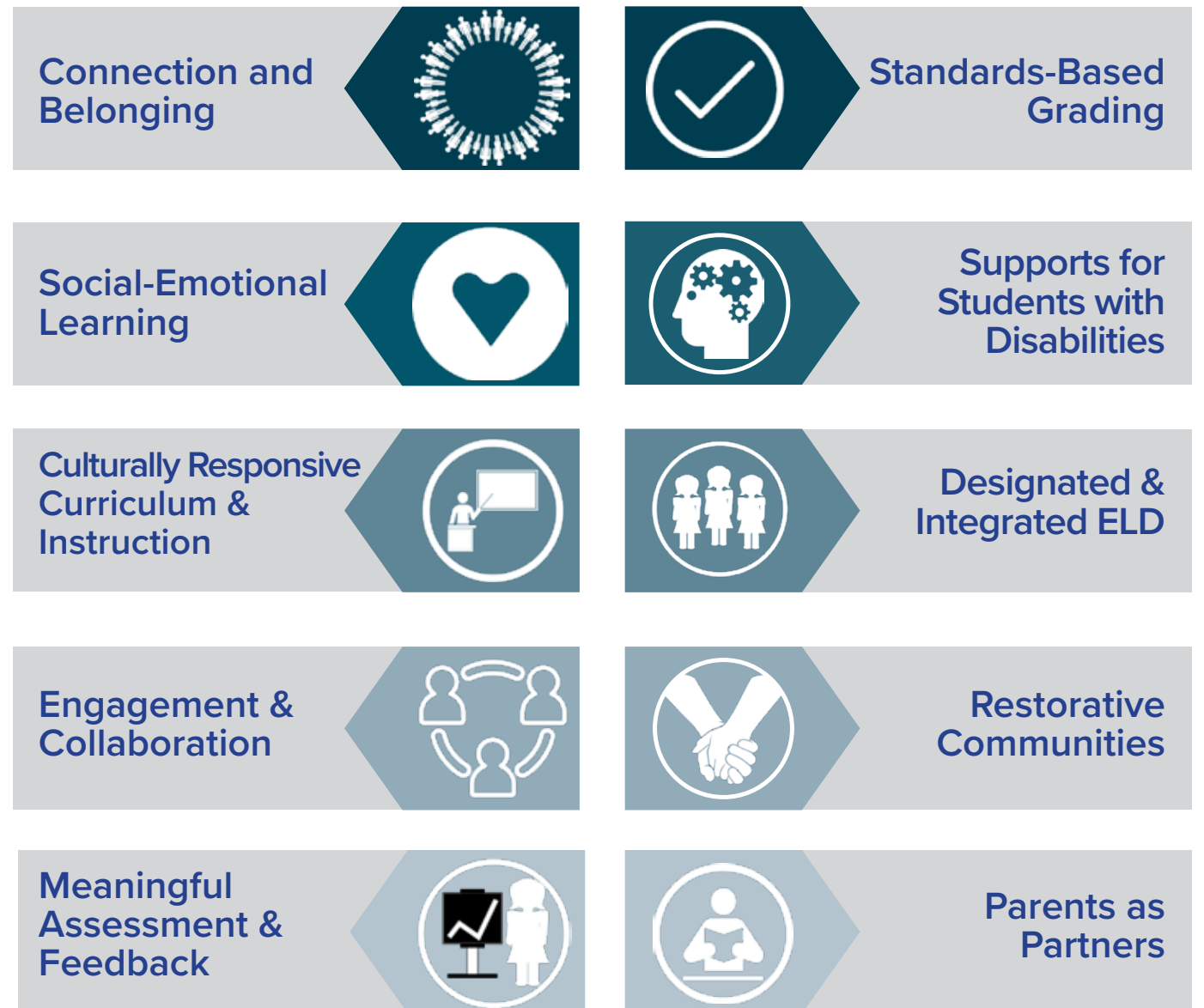
Reopening ONLY when safe to do so



Essential Elements in Both Learning Options

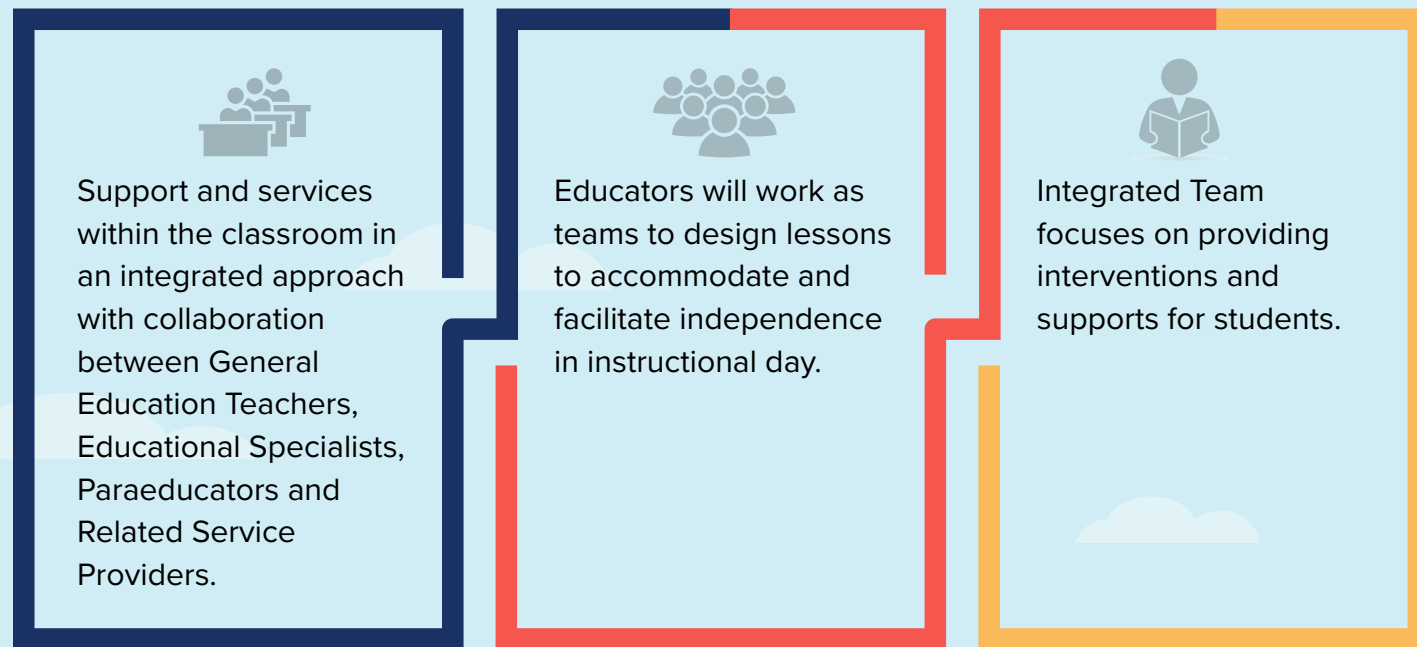
Our team has worked diligently to ensure that we are crystal clear about the essential components of our learning options as we reopen our schools and design learning experiences for our students

All Learning Options Will Include



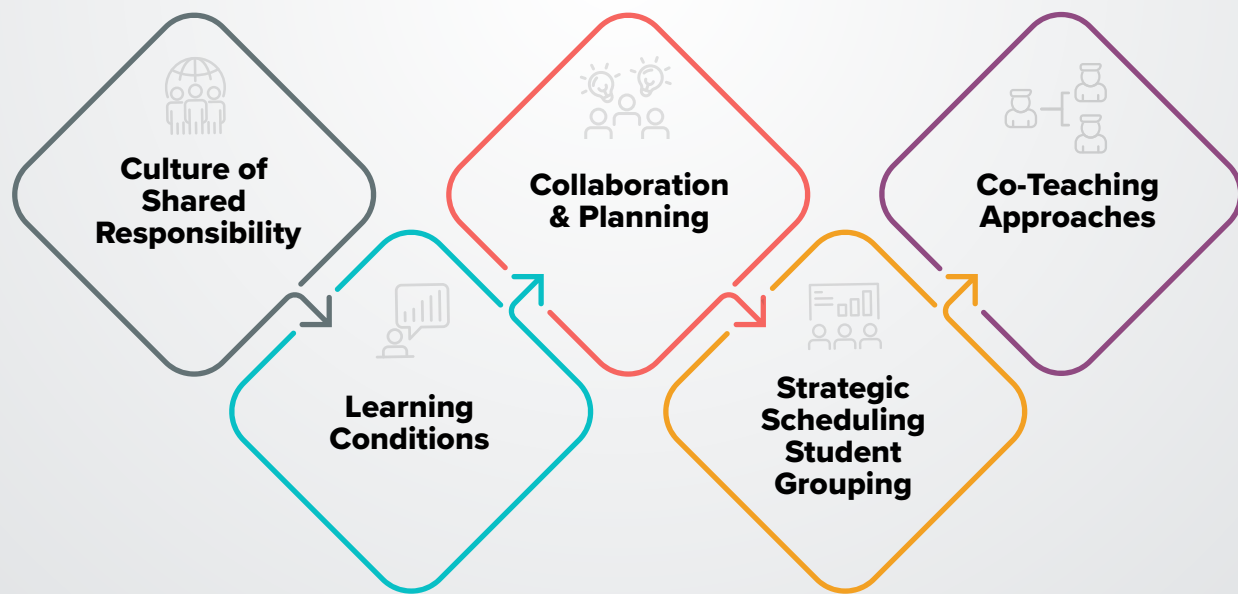
Supporting Our Students

An Integrated Model



Integrated Model- Entry Points to Support Students with Disabilities

All educators, general education teachers, educational specialists, related service providers, and paraeducators, are committed to working as an integrated team to support all students.



Sites have multiple access points that educators can utilize to achieve the ideal state of integrated learning, as we move our students with disabilities into the sphere of success.

***Direct IEP Services Will Be Provided Live via Video Conferencing*

Supporting Our Students

Students Physical, Social & Emotional Well-being



Social-Emotional Learning- School Entry Points

As we continue to support the social, emotional and physical well-being of our students during these unprecedented times, our focus will continue to be fostering positive school environments that embed social-emotional competencies into every day instruction. We recognize the needs of our students and will prioritize services for communities with the highest level of need, as well as cultivating wellness for our educators and families.



There are multiple entry points that school teams can use to determine where they are in their implementation journey of social, emotional and academic integration.

Supporting Our Students

Standards-Based Grading, Assessment, & Feedback

Educators use mastery-based assessments in order to ensure equity and assess for all students.



Students will be asked to demonstrate competency in a variety of ways that require less recall/response and utilize more authentic assessments that allow them to apply their knowledge to real-world scenarios.

San Diego Unified School District is committed to providing students with meaningful assessments and feedback. Educators will engage students in fair, valid & reliable formative & summative assessments to inform instruction & to provide regular and timely feedback. Students have many opportunities and multiple ways to demonstrate their understanding. Additionally self-assessments and peer feedback are valuable assessment strategies to advancing student learning. In preparation for offering both online and on-site learning during the 2020-2021 school year, schools will refine their comprehensive assessment plans to include both virtual assessment tools and in-person assessments. Daily assessment strategies will include exit slips, student discussions, self-assessments, peer reviews and conferring with students. Weekly assessments may also include assessing student writing or student developed presentations or videos. Monthly or unit assessments may include performance tasks, real-world projects, the development of web pages and other presentations. It is critical that summative assessments be used to assess mastery toward grade level standards and in determining student grades.

Standards-Based Grading- School Entry Points



We are refocusing our efforts on using standards-based grading practices to ensure mastery of standards for ALL students no matter the learning option they choose. Our teams created multiple entry points for teams to determine where they are in the journey toward standards based grading.

Attendance

IN ACCORDANCE WITH SENATE BILL 98, SAN DIEGO UNIFIED SCHOOL DISTRICT:

Educators shall document daily participation for each student on each school day, in whole or in part, for which online or on-site learning is provided. A pupil who does not participate in on-line learning on a school day shall be documented as absent for that school day.

Daily participation may include, but is not limited to, evidence of participation in online activities, completion of regular assignments, completion of assessments, and contacts between school staff and students or parents/guardians.



San Diego Unified School District shall ensure that a weekly engagement record is completed for each student documenting synchronous or asynchronous instruction for each whole or partial day of online learning, verifying daily participation, and tracking assignments.

A student who does not participate daily in either onsite instruction or online learning shall be deemed absent for purposes of reporting absenteeism rates in the district LCAP.

Robust & Engaging Online Learning

School will resume on **August 31, 2020** with Online Learning. In this model, learning takes place primarily in the home. Students receive five days of synchronous and asynchronous instruction and have time to solidify understanding and complete unfinished assignments. Instruction is led by teachers with support from families.

We are committed to providing a robust and engaging online learning experience for our students and families that includes:



Instructional Minutes

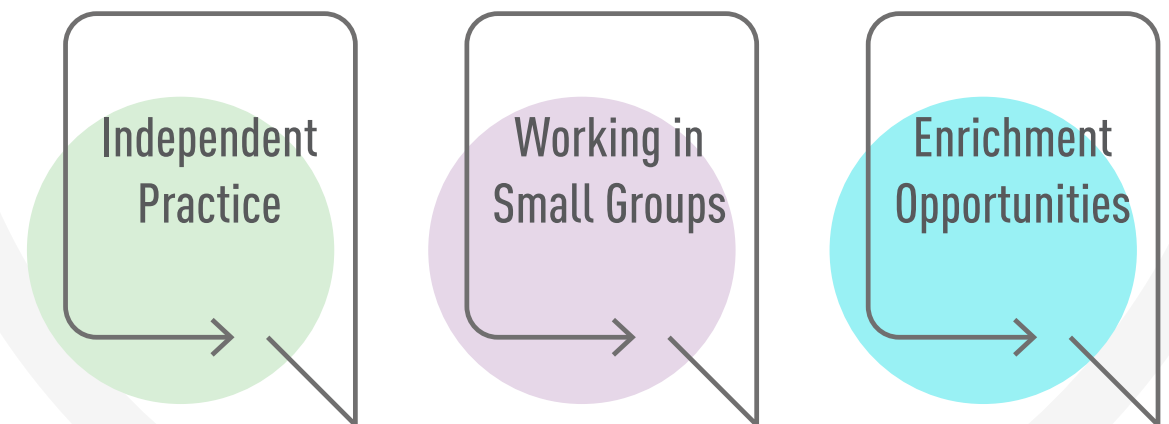
Our robust online learning experiences for students will include 360 minutes of synchronous and asynchronous learning for students using a combination of the following activities:

- **180 minutes** of teaching which includes live online whole group and small group instruction daily.
- **60 minutes** of teaching dedicated to additional small group instruction, conferring with students, and/or teacher-initiated office hours, while the remainder of students complete independent work.
- **120 minutes** of asynchronous instruction, independent work, or enrichment.

EARLY LEARNING



STUDENTS WILL BE ENGAGED IN A VARIETY OF LEARNING OPPORTUNITIES WITHIN THE 360 INSTRUCTIONAL MINUTES INCLUDING:



Schedules will take into consideration the developmental needs of our primary learners, knowing that students will gradually increase their stamina over time.

Each school site will communicate a daily schedule with their families based on the needs of their students and school community.

Instructional Minutes

TK—5

Total Minutes

360 Minutes

Whole Group / Small Group Live Instruction

180 Minutes

Community Building
Reading
Writing
Mathematics
Science
Social Studies
VAPA | PE | ELD
Synchronous Practice/ Activities

Small Group and Conferencing/ Office Hours

60 Minutes

Reading Groups
Math Groups
Digital Feedback
Video Conferencing
Office Hours

Flex/Asynchronous Learning

120 Minutes

Asynchronous Learning for Students
Teacher Flex Time

Instructional Minutes

6—12

Total Minutes

360 Minutes

01

Whole Group/Small Group Live Instruction

180 Minutes

Community Building
Content-Specific Lesson or Review
Synchronous Practice/ Activities
Small Group Targeted Instruction

02

Small Group & Conferencing/Office Hours

60 Minutes

Small Group Targeted Instruction
Digital Feedback
Video Conferencing
Office Hours

03

Flex/Asynchronous Learning

120 Minutes

Asynchronous Learning for Students
Flex and Preparation Time for Teachers

04

SYNCHRONOUS LEARNING Synchronous learning refers to a learning event in which a group of participants (students and educators) is engaged in learning at the same time. During synchronous learning, an educator is teaching live in real time and may incorporate other media in their daily lessons connected to the standards being taught. Educators provide guidance, support, and check for understanding throughout the lesson and may provide opportunities for students to practice their learning independently.

ASYNCHRONOUS LEARNING Asynchronous learning refers to when the students learn material and complete tasks at different times and location.

Technology Supports

San Diego Unified School District has established a technology program to provide a device for each student in our schools. *This allows for:*

Equitable access
to content and
curriculum at all times

**Easy and filtered
access** to applications
and information

A seamless connection
between assignments
completed at school
(when it is safe to do so based
on health and safety guide-
lines) and at home

Technology Supports

When technical support is needed, students and families can call the Online Learning Technical Support Line at (619) 732-1400. Hours Mon.-Fri. 8am-5pm and Sat. 9am-1pm

Parents and students can also visit the Technology Support for Families website where they can learn more about troubleshooting tips, wifi options, signing in to applications and more.

Students will be responsible for taking care of their laptop. Parents can review this overview slide presentation as well as the expectations for elementary or secondary students.

Both online and in school learning will be supported by an online platform. San Diego Unified School District uses Seesaw, Google Classroom and Canvas. Students will use Clever to sign in to all Online Learning Platforms. For steps to signing in to these platforms watch this video. [Click here](#) for how to sign in to the Chromebook and [click here](#) for troubleshooting tips.

As we start the 2020-21 school year, educating our students by having access to and using technology is a key component

for delivering standards based instruction both at home and in the classroom (when it is safe to do so based on health and safety guidelines). San Diego Unified School District looks forward to each student thriving in this new learning environment by providing 24/7 access to learning via technology based solutions and the support necessary for a quality learning experience.



Health & Safety

School will look different when we return. As we reopen...

The health and safety of our students, staff, and families is of the utmost importance. Due to rapidly changing health and safety guidelines set forth by the County of San Diego and the California Department of Public Health, new and different systems will be in place at school.

Screening at Home:

Students and staff are asked to self-screen for symptoms such as cough, shortness of breath, runny nose and fever at home before coming to school or getting on a bus.

Anyone with a fever of 100°F or more should not go to a school site. Those experiencing symptoms including persistent cough, shortness of breath, or runny nose should not attend school.

Staff members are required to self-screen and complete a daily temperature check prior to coming to a school site. Currently, temperature checks are also required at the school site.

Arriving at School:

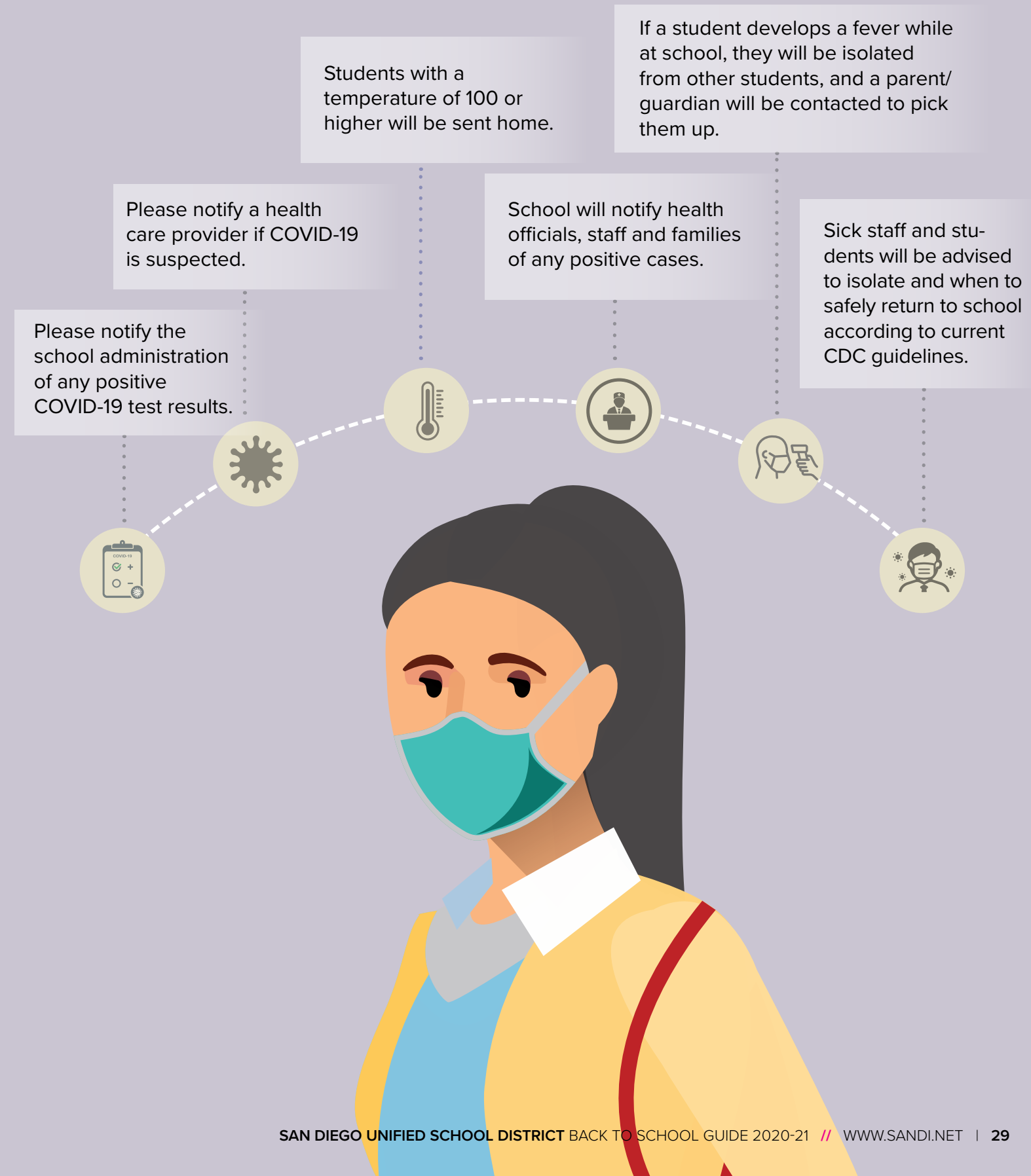
Arrival/departure times and campus entry points will be managed to allow for appropriate physical distancing.

Physical barriers will be installed in areas where face-to-face interaction with the public occurs.

School sites will have signage throughout campus to encourage safe physical distancing and proper sanitation.

Staff may be tested periodically, in compliance with CDPH guidelines, as lab testing capacity allows.

ESTABLISHED PROTOCOLS IF A TEMPERATURE OF 100°F+ IS DETECTED:



PERSONAL PROTECTIVE EQUIPMENT AND PROTOCOLS

WHAT TO EXPECT WHEN RETURNING TO SCHOOL



Face Masks

- Staff and students will be trained on proper hand hygiene, including hand washing and use of hand sanitizer (CDC: Handwashing: Clean Hands Save Lives).
- Students will be instructed to wash or sanitize their hands upon arrival to campus.
- Handwashing and hand sanitizing for staff and students will be reinforced daily with time allotted to wash hands regularly.
- Extra handwashing stations and hand sanitizer will be available.
- Schools will limit sharing of supplies: Individual belongings will be limited and wherever possible separated in individually labeled storage containers, cubbies or areas.
- Visual reminders will be provided and posted for staff and students.

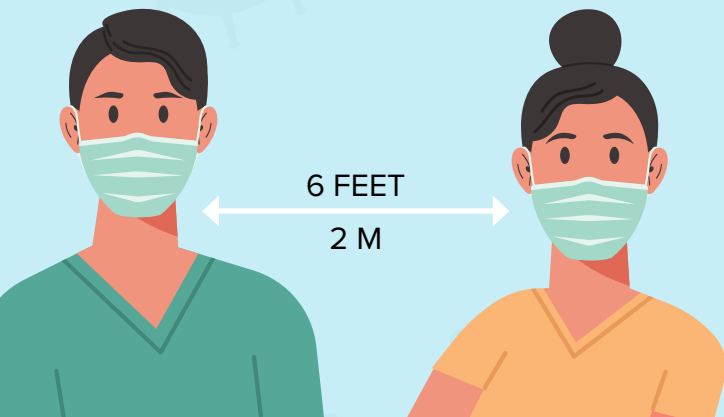
- Student requirements for wearing face masks will be guided by the current public health guidelines and district policy: Currently, face masks are required for all students.

- Students and families will be educated on proper face mask protocol. Parents are asked to familiarize their children with the use of cloth face masks. Students without masks will be provided one.
- All staff will be provided with face masks and are required to wear fabric face masks. Face masks with clear plastic inserts will be available for instructional or communication needs.
- Visual reminders regarding the proper use of masks will be provided and posted for staff and students.



Hand Hygiene

- Depending on the number of families choosing on campus learning, sites may need to implement contingency plans to ensure adequate physical distancing.
- Sites will design spaces with physical distancing in mind, which may include instruction outdoors or in larger areas and one-way traffic flow in hallways.
- Student work spaces will be arranged with consideration for maximum physical distancing, following public health recommendations. Partitions may be used on desktops.
- Teacher and other staff desks will be distanced at least six feet away from student desks whenever possible.
- Group activities will be significantly limited, and off-site field trips will be suspended.
- Visual reminders will be provided and posted for staff and students.



Physical Distancing

MAINTENANCE AND OPERATIONS

SAFETY EQUIPMENT

San Diego Unified School District is committed to securing additional safety equipment to maintain the cleanliness and safety of campuses included but not limited to:

HAND SANITIZING DISPENSERS & PORTABLE SINKS



A combination of hand sanitizer dispensers and portable sinks will be located throughout the campus to provide ready access to hand washing and to promote hand hygiene.

PERSONAL PROTECTIVE EQUIPMENT FOR STUDENTS AND STAFF



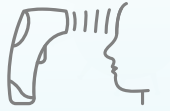
The district will provide reusable face masks for students and staff. A disposable mask will be provided to anyone who is not in possession of a mask. All staff and students are required to wear fabric face masks. Additional disposable masks and gloves are also available, as needed.

DISINFECTANT SPRAYERS AND UV CLEANERS



The district has deployed electric disinfectant sprayers at each campus. The sprayers will enable custodial staff to more efficiently carry out the task of daily disinfecting our campuses. The units spray a fine mist of disinfectant solution covering surfaces. Detailed attention will be given to high-touch areas such as door handles, chairs, desktops, sink handles, handrails and restrooms throughout the day. UltraViolet (UV-C) Disinfecting Wands have been ordered and will be used where disinfectant sprays are not practical.

TOUCHLESS THERMOMETERS



The district has provided each school and district site with touchless thermometers so staff may screen, employees and visitors as they enter campus.

OTHER SAFETY CONSIDERATIONS

Campuses will follow guidelines developed by the CDPH and panel of experts from UCSD for cleaning, disinfection and ventilation of school sites as practicable.

Drinking fountains will be disabled. Students should bring their own water bottles and may refill their bottles at designated sinks on campus.

Breaks, recesses and lunch will be

staggered as feasible to allow maximum physical distancing.

Portable handwashing stations will be set up in high traffic areas on each campus. Just a reminder, every elementary classroom is already equipped with a sink for handwashing.

Bathrooms will be cleaned and stocked with soap and paper towels throughout the day.

Disinfecting wipes and/or disinfection sprays will be provided in every classroom.

HVAC systems have been serviced and inspected across the District to ensure proper operation. Systems have been adjusted to maximize the circulation of outside air.

Where equipment permits, the district is upgrading HVAC filtration from

MERV 8 to a MERV 13 or HEPA filter, exceeding current requirements.

HVAC schedules will be set to run at least one hour before and after occupied hours.

Portable air purifiers will be utilized in high risk areas such as health offices or COVID symptoms rooms wherever possible and practical.

TRANSPORTATION

WHAT TO EXPECT WHEN RETURNING TO SCHOOL

Boarding & Disembarking



Students should practice physical distancing while waiting at school bus stops and student loading zones on campuses.

Should a student become ill during transit, they will be isolated in a dedicated seat behind the driver.

Students will load from back of bus to front of bus and disembark from the front of bus to the back.

Students will be required to wear face mask while at bus stop and on bus.

Only one student per seat alternating between window and aisle for each row.

Disinfecting & Cleaning

1

Transportation has purchased electrostatic disinfecting sprayers. Each bus will be disinfected nightly with the electrostatic sprayer.

2

Bus Drivers will be trained in proper disinfection practices. Wipe down of high touch point areas between routes & After AM assignments

3

At least 4 passenger windows on the school bus will be open while students are aboard to ensure maximum ventilation, unless doing so poses a safety or health risk for occupants.



Students and drivers will be required to wear face masks while on a school bus.

Face
Masks

FOOD & NUTRITION

SAFETY EQUIPMENT

Student meals for on-campus & online learning. As we reopen...

San Diego Unified Food and Nutrition Services is committed to providing healthy school meals in order to support student academic success and promote healthful eating habits that lead to lifelong positive nutrition practices. The department has developed, and will adhere to, the following measures to ensure the overall health and safety of students who rely on San Diego Unified meal service. Food and Nutrition staff will follow safety guidelines set forth by the California Department of Public Health for handwashing, proper sanitation of work stations, physical distancing, and face coverings.

Grab & Go Meals

- Distribute curbside grab n' go meals at designated school locations.
- Offer nutritious breakfast and lunch to all students participating in online learning.
- Follow health and safety protocols, including hand hygiene, physical distancing, wearing face coverings and gloves.



On-Campus Meals

- Provide contact-free meal service to protect students and employees.
- Offer nutritious breakfast and lunch daily to all students participating in on-site learning.
- Eliminate self-service stations and use fresh, prepared packaged foods.
- Implement cashless transactions and emphasize prepayment.
- Stagger meal times as feasible to allow for cleaning between meal services to ensure physical distancing.

OTHER SAFETY PROTOCOLS FOR MEAL DISTRIBUTION ON CAMPUS:

Schools will predetermine additional spaces for lunch as needed to ensure physical distancing in outdoor lunch areas.

Hand sanitizing dispensers will be located in lunch areas. Students will need to either wash their hands with soap and water or use hand sanitizer prior to picking up their food.

Meals will be provided according to meal eligibility. Check if your student attends a school where all students eat at no cost or fill out a free and reduced-price meal application at www.sandiegounified.org/food

Add money to your student's meal account at www.paypams.com

COVID-19 Protocol & Notification

The following steps have been provided by the California Department of Public Health for measures to be taken when a student, teacher, or staff member has symptoms, is in contact with someone infected, or is diagnosed with COVID-19.

COVID-19 EXPOSURE ACTION & COMMUNICATION STEPS*

STUDENT OR STAFF WITH:	ACTION	COMMUNICATION
COVID-19 Symptoms (e.g., fever, cough, loss of taste or smell, difficulty breathing) Symptom Screening: Per CA School Sector Specific Guidelines	<ul style="list-style-type: none"> • Send home. • Recommend testing (if positive see #3, if negative see #4) • School/classroom remain open 	<ul style="list-style-type: none"> • No action required
Close contact (*) with a confirmed COVID-19 case	<ul style="list-style-type: none"> • Send home • Quarantine for 14 days from last exposure • Recommend testing (but will not shorten 14 day quarantine) • School/classroom remain open 	<ul style="list-style-type: none"> • Consider school community notification of a known contact
Confirmed COVID-19 case infection	<ul style="list-style-type: none"> • Notify the local public health department • Isolate case & exclude from school for 10 days from symptom onset or test date • Identify contacts (*), quarantine & exclude exposed contacts (likely entire cohort (**)) for 14 days after the last date the case was present at school while infectious • Recommend testing of contacts, prioritize symptomatic contacts (but will not shorten 14 day quarantine) • Disinfection and cleaning of classroom & primary spaces where case spent significant time • School remains open 	<ul style="list-style-type: none"> • School community notification of a known case
Tests negative after symptoms	<ul style="list-style-type: none"> • May return to school 3 days after symptoms resolve • School/classroom remain open 	<ul style="list-style-type: none"> • Consider school community notification if prior awareness of testing


(*) A contact is defined as a person who is <6 feet from a case for >15 minutes. In some school situations, it may be difficult to determine whether individuals have met this criterion and an entire cohort, classroom, or other group may need to be considered exposed, particularly if people have spent time together indoors.

(**) A cohort is a stable group with fixed membership that stays together for all courses and activities (e.g., lunch, recess, etc.) and avoids contact with other persons or cohorts.

*NOTE: Please ensure to provide your school site with the most up-to-date contact information.


Wellness

The San Diego Unified School District Wellness staff is housed in the Department of Nursing & Wellness, under the Division of Integrated Youth Services (IYS). We are responsible for the implementation of the **District Wellness Initiative**, first launched in Fall 2016, to support health & well-being of more than 10,000 staff, 100,000 students and their families.



Wellness at School Level:

To ensure implementation of the District Wellness Policy at the individual site level, each of our 175+ schools has an identified School Site Wellness Coordinator (school staff member who volunteers in this role) who helps to assess, plan and implement wellness projects for their school community.



Wellness at Individual Student Level:

High School Wellness Centers: to support the well-being of students at our high priority high schools we have five (5) high school Wellness Centers at Hoover, Lincoln, Morse, San Diego High and Serra. Each Wellness Center is run by a Wellness Center Coordinator. The Wellness Center Coordinators meet 1-on-1 with high school students to provide resources, community partner referrals/supports, and coordinate monthly Life Skills Education workshops.

Healthy Start Collaborative Sites: in addition to our Wellness Centers, which are run by San Diego Unified School District employees, we also have 12 Healthy Start Sites, run by CBOs (SAY San Diego, YMCA and Bayside Community Center). These agencies house part-time staff on 12 of our elementary, middle and high school campuses to support students/families with their physical/emotional health needs.



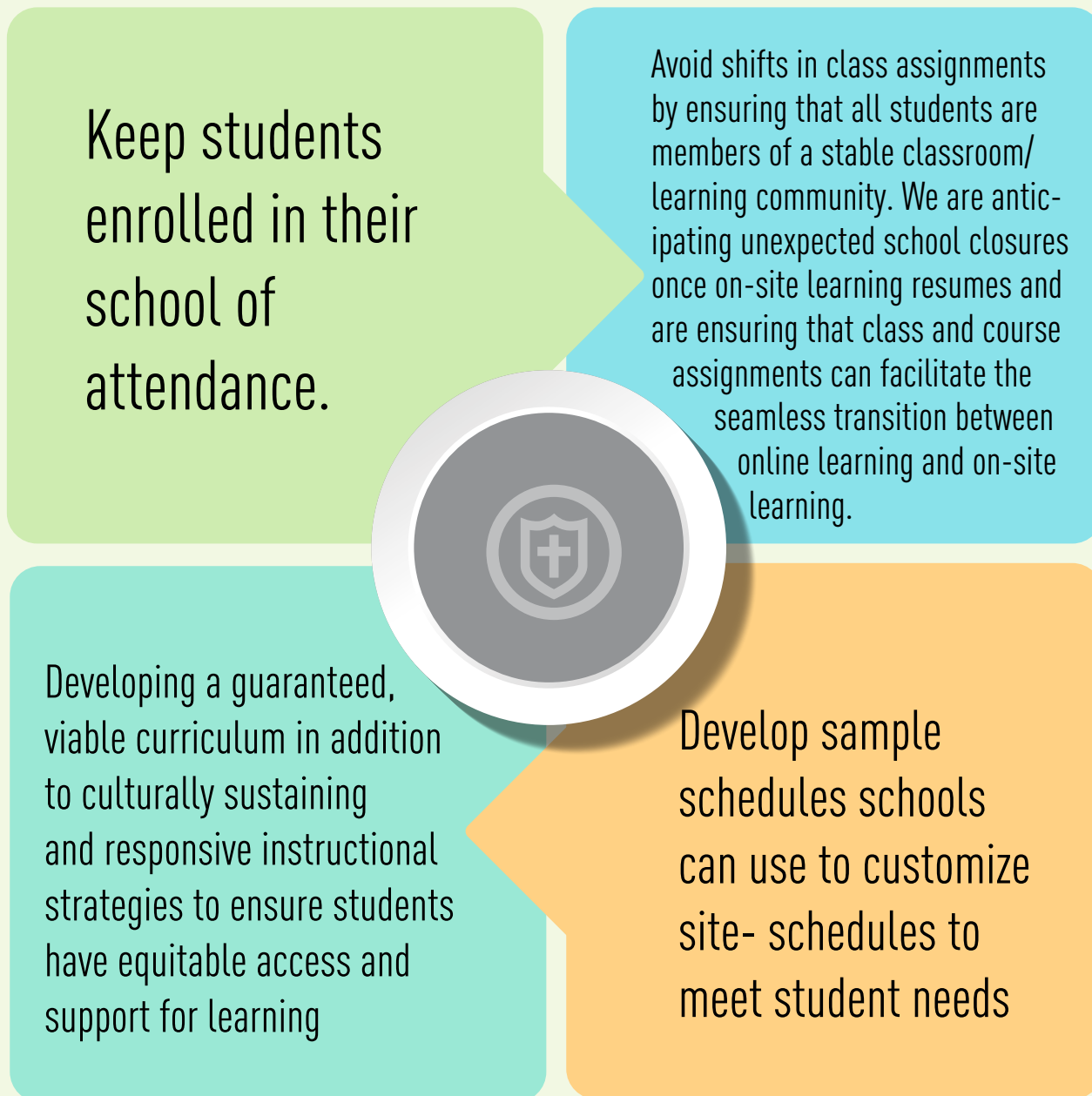
For more information, please see District [Wellness](#) page.

Onsite Learning When It's Safe to Resume

Students will have time to interact with their teachers and their peers, have access to enrichment and support and will benefit from customized learning as educators incorporate the innovative and dynamic technology based platforms and tools they used during Distance Learning.

Continuity of Learning

To ensure continuity of learning, San Diego Unified School District is committed to the following:



COVID-19 Symptom Decision Tree

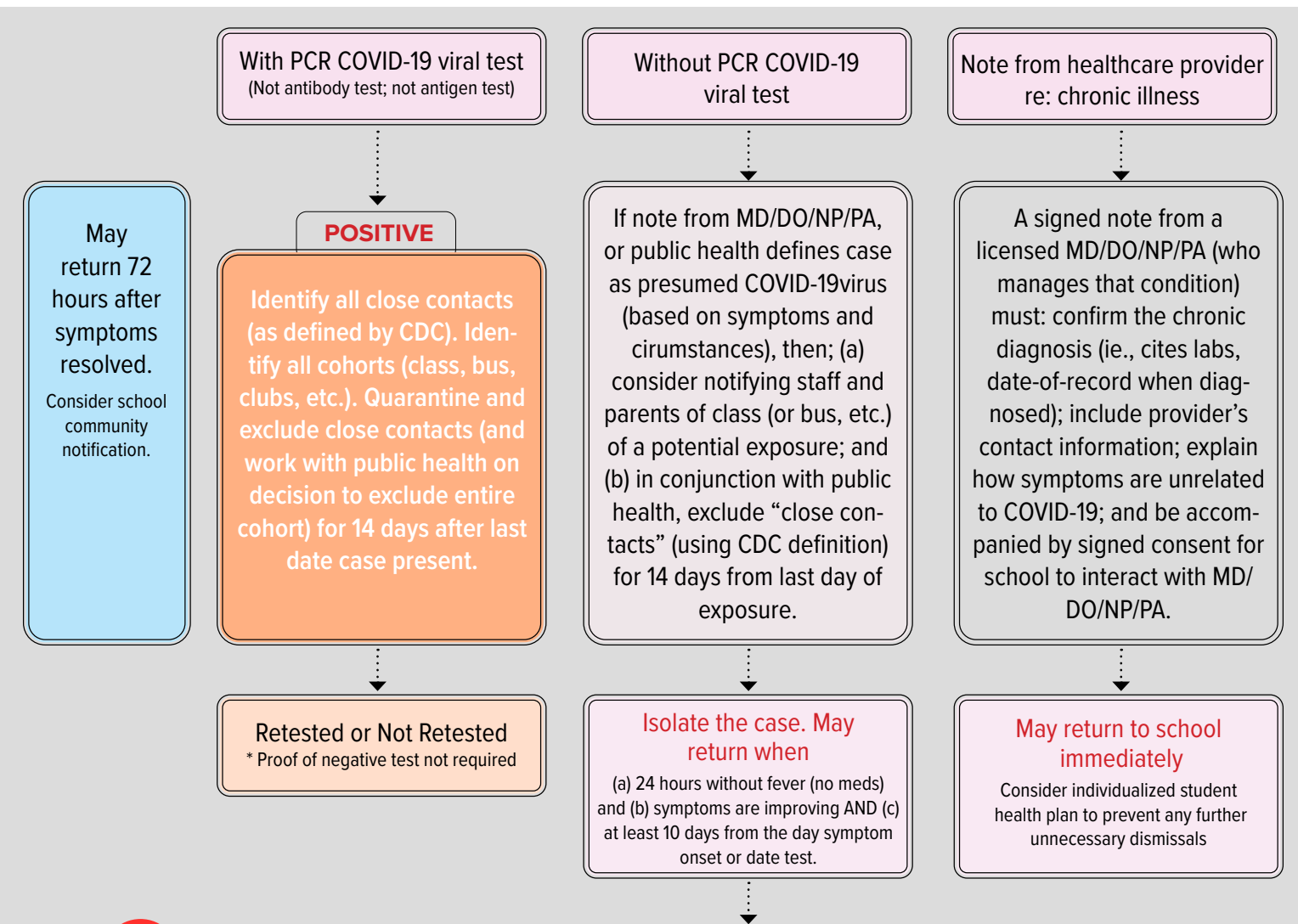
Please refer to this decision tree from the San Diego County Health & Human Services Agency regarding when students or staff should stay home.

AT SCHOOL, STUDENT OR STAFF MEMBER DEVELOPS ANY OF THE FOLLOWING SIGNS OR SYMPTOMS:

FEVER with or without chills/rigors (fever defined as $T > 100.0$ that does not resolve within 30 min. without medication); **COUGH*** | **SHORTNESS OF BREATH** | **NASAL CONGESTION/RHINORRHEA (RUNNY NOSE)*** | **SORE THROAT** | **NAUSEA, VOMITING/DIARRHEA*** | **FATIGUE*** | **NEW LOSS OF TASTE/SMELL** | **HEADACHE*** | **MUSCLE/BODY ACHES*** | **POOR FEEDING/POOR APPETITE***

** Disregard this symptom if school personnel already aware of a chronic, pre-existing condition that causes the symptom. The nature of the presenting symptom (e.g. duration, intensity) must be consistent with the underlying chronic condition.*

ACTION: Apply appropriate PPE, isolate student/staff member until sent home; recommend they reach health care provider for instructions. Note: Other infections can cause same symptoms (e.g. m. flu, strep, etc.) but these do not rule out COVID-19 as a co-occurring



! If school becomes aware of one case in cohort (shared bus, classroom, lab, team, etc.) then have school district's liaison to Public Health Department report the case for further direction on quarantine.

Instruction

We will have a tiered approach to on-site learning, when it is safe to do so based on health and safety guidelines. Learning will take place at school for all students. Instruction is led by teachers and is designed to ensure both academic success and social-emotional well-being.



Broad & Challenging Curriculum

Students will have access to a broad and challenging curriculum that includes visual and performing arts (VAPA). The district is committed to a balanced curriculum where students can develop their creativity and enhance their academic learning through challenging, standards-based VAPA instruction. Elementary students will experience dance, music, theatre and visual art lessons that are often integrated with other content areas. Secondary students may take a course in the art discipline that most interests them. Dance, music and theatre courses will be designed so that social-distancing requirements will be adhered to.



Supporting Our Educators

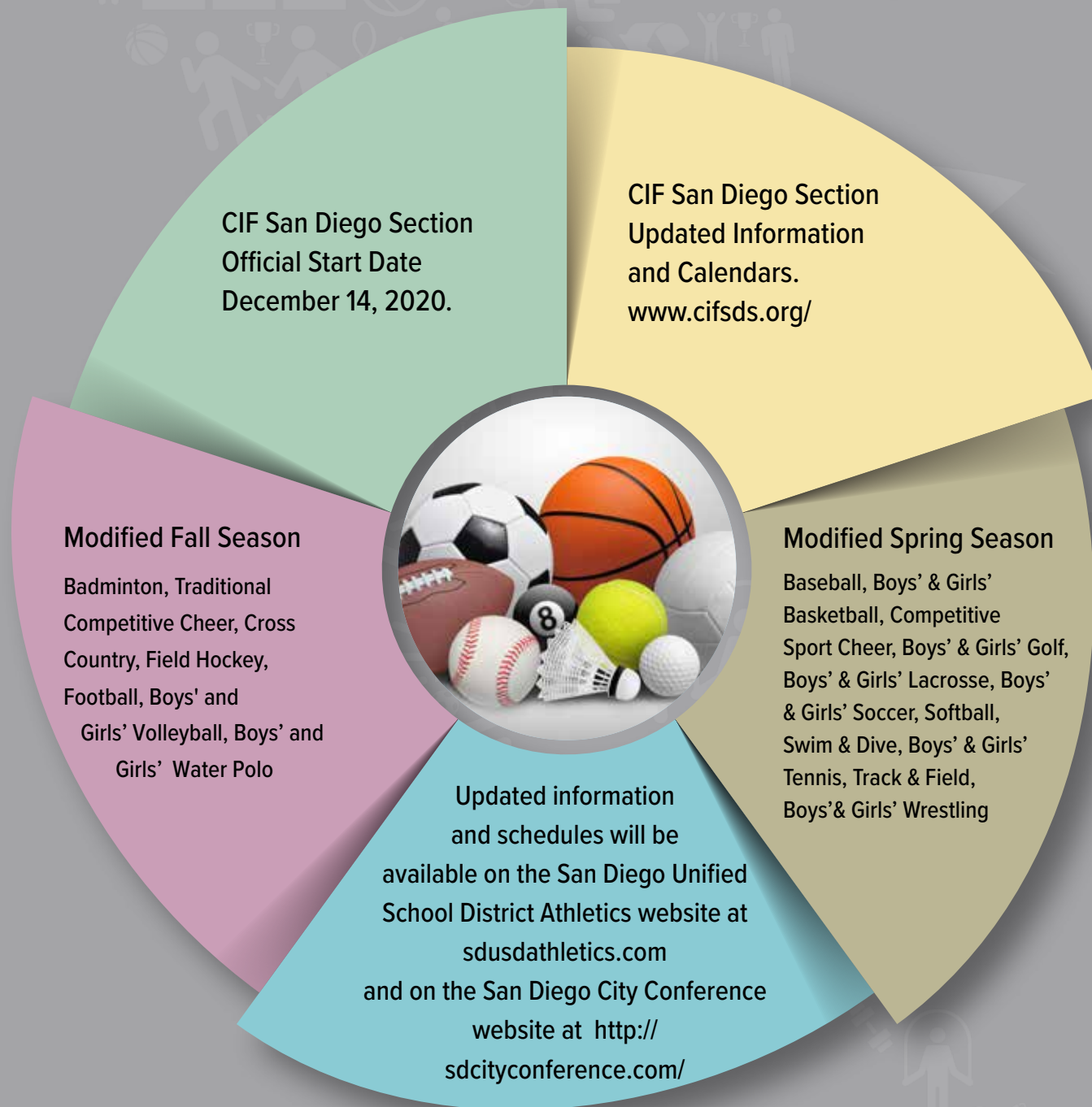
Professional development and collaboration time for teachers—before the school year begins, and ongoing—will be more important than ever. We are committed to supporting our educators every step of the way by providing relevant and innovative professional development to ensure all learners are well prepared for online and on-site learning. Our professional development model will provide opportunities to engage with content and peers in a variety of ways to promote active engagement such as frequent discussion/question breaks, polling, break out rooms, back channel chats, and engagement with open content, including digital white boards. Our educators will be engaging in ongoing support to refine their practice and deepen their content expertise through the following online differentiated supports for the 2020-21 school year:



Sports & Extracurricular

Interscholastic Athletics & Extracurricular Activities:

INTERSCHOLASTIC ATHLETICS:



EXTRACURRICULAR ACTIVITIES:

The Associated Student Body **(ASB)** remains the governing body of all student clubs and organizations on campus and will continue to set the expectations, climate and culture for their school.

Students are encouraged to continue exploring their interests using various methods:

- 1) Create new student clubs and organizations
 - Connect with your school's ASB to find out the process to start a new student club or organization.
- 2) Explore already existing clubs and organizations
 - Check out your school's website or contact them directly for a list of already existing clubs and other extracurricular activities.

Student clubs and organizations require a staff member to serve as the advisor and to supervise activities.

If students have ideas for extracurricular activities or personal projects/initiatives and need help getting started, please contact Stacey Seiders at sseiders@sandi.net.

Never doubt that a small group of thoughtful, concerned citizens
can change the world. Indeed, it is the only thing that ever has.

—MARGARET MEAD



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